

THE JOURNEY *this week*

Destination
(Goals for the week)

Small Steps

(things you might try to reach your destination)

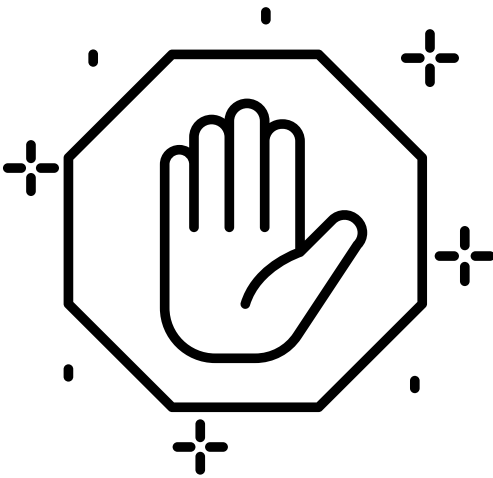


Guides

(People or things that might help you along the way)

Roadblocks

(things that might get in your way)



Navigation

(how to veer away from roadblocks)

